

WSDC Rules for Westie Pink City 2023

	Dancers	Judgement
Division Jack & Jills: Juniors Newcomer Novice Intermediate Advanced All-Stars Masters	All competitors must be properly dressed (no jogging, no basket, no legging)	 Westie Pink City <u>follows the WSDC Points</u> <u>Registry Rules</u> Westie Pink City allows dancers to compete as both Leader/Follower in skill level Jack & Jills. Competitors are allowed to compete in their non-dominant role one level down, as long as they don't qualify in both for the same division. Also competitors may compete as a Leader/Follower in an aged-based level JNJ – like Masters or Juniors. Properly dressed
Pro/Am Routine	At least two divisions apart between the AM and the PRO(ex. nov. – adv.) If there aren't more than 3 contestants in both the Female Pro and the Male Pro division, the divisions will be joined and compete against each other.	 60 % swing content min. Lifts and drops are allowed but not required Dancers must maintain their own physical contact with the floor during partner weight support moves Breakaways are to be no more than 8 beats of music. Duration: minimum 1.30 min maximum 3 min.

Rising Star	Amateurs routine division	 70 % swing content min. Maximum of 5 partner weight supports are permitted Dancers must maintain their own physical contact with the floor during partner weight support moves Lifts are permitted Separate entrances are permitted but the couple must physically join within 32 beats of music. Breakaways are to be no more than 8 beats of music Duration minimum 2 min maximum 3 min. Own music and costumes
Showcase	18 years or older	 60 % swing content min. Minimum of three partner weight supports over the knee, at least one over the hip No maximum of amount of lifts Breakaways and side by side are permitted Duration minimum 2 min. – maximum 3 min. Own music and costumes
Classic	18 years or older	 80 % swing content min. No lifts allowed Maximum of 5 partner weight supports are permitted Dancers must maintain their own physical contact with the floor during partner weight support moves Separate entrances are permitted but the couple must physically join within 32 beats of music. Couples must maintain physical contact except for spins, turns, short breakaways and recoveries. Breakaways are to be no more than 8 beats of music. Duration minimum 2 min. – maximum 3 min. Own music and costumes
Team	Couple dance only (ex. WCS, Salsa, Shag, Rock/Boogie, Lindy Hop etc.) A competitor is allowed to compete with <u>one</u> Team only	 Acrobatics, drops, side by side, slides, change of partners, reverse lead/follow are allowed Duration minimum 3 min. – maximum 4 min. Own music and costumes
Strictly Swing Novice Inter/Avancé All-Stars/ Champions	Dancers choose their partner	 100 % West Coast Swing Impro, lead and follow No acrobatics Drops are allowed Breakaways are to be no more than 8 beats of music Music chosen by DJ/organizer Properly dressed